



12th European
Nutrition Conference
FENS 2015
Berlin | Germany | October 20 - 23

Nutrition and health throughout life-cycle –
Science for the European consumer

Estrel Convention Center Berlin, Germany
organised by German Nutrition Society
www.fensberlin2015.org



DGE will host the 12th FENS Conference in Berlin

The 12th European Nutrition Conference (FENS) takes place from 20 to 23 October 2015th under the title "Nutrition and health throughout life-cycle - Science for the European consumer".

A forum for scientific exchange between European and internationally well-known scientists about their current nutritional research. The results should help European citizens to follow a health promoting diet and lifestyle in all periods of life. The conference is organized by the German Nutrition Society (DGE) and the Federation of the European Nutrition Societies (FENS), headed by Prof. Heiner Boeing, Vice-President of the DGE.

The highlights of the conference are plenary speeches of five keynote speakers: Professor **Walter Willet** of Harvard Medical School, Prof. **Luis Moreno Aznar**, Zaragoza University, Prof. **Ellen Blaak**, Maastricht University, Professor **Thomas Kirkwood**, Newcastle University and Professor **Tim Benton**, University Leeds. Their lectures will give an insight into the main themes of the conference. The focus is on a comprehensive view on nutrition, health and chronic diseases in the various stages of life and the food security of a growing world population.

The four-day scientific program is divided into five main themes:

- Food and nutrient intake, dietary patterns, dietary guidelines
- Advances in dietary studies, methodology and design
- Metabolic Diversity
- Nutrition, public health, chronic diseases
- Food quality, food safety, sustainability, consumer, behaviour and policy.

There will be presented over 1.300 contributions in oral presentations and posters. Many well-known nutrition scientists present their latest findings, including the **public health researcher Pekka Puska** from Finland.

Technical Secretariat:

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Following the scientific program, daily in the late afternoon, symposia organised by the industry will be held. Like the independent scientific program they serve as a forum for the exchange between research and industry practice on important issues of nutrition research.

Topics include dyslipidemias, sweetness, nutrient profiles, soy, blueberries up to nuts in the diet. More than 30 companies, institutions and organizations will participate at the exhibition of the industry.

About Fens

The FENS Conference takes place every four years. DGE and FENS expect up to 2.000 participants. The venue is the Estrel Hotel & Convention Center, Sonnenallee 225, 12057 Berlin.

The event is accredited for Continuing Medical Education of physicians for nutritional and natural scientists as well as multipliers in the food sector. Registration and further information about the event, programme and certification under www.fensberlin2015.org.

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